

荃灣青公活力跑

日期: 2024年1月14日

Position	Category	Bib	Name	姓名	Official Time
1	3KM Female Aged 9-10	4080	Yu Hei Wai	余晞維	0:14:54
2	3KM Female Aged 9-10	4086	Chan Sum Yin	陳芯言	0:15:09
3	3KM Female Aged 9-10	4083	Chan Chin Yui	陳芊睿	0:15:59
4	3KM Female Aged 9-10	4094	Dong Anran		0:17:03
5	3KM Female Aged 9-10	4082	Ng Hei Kiu	吳浣僑	0:18:47
6	3KM Female Aged 9-10	4093	Cao Hannah		0:20:22
7	3KM Female Aged 9-10	4084	Beaumont Gemma Catherine	布珞琳	0:20:59
8	3KM Female Aged 9-10	4088	Chan Pui Si	陳沛鋸	0:21:36
9	3KM Female Aged 9-10	4081	Ho Sin Ying	何善滢	0:24:43
10	3KM Female Aged 9-10	4087	Chiu Man Ki		0:31:01
1	3KM Female Aged 11-12	4011	Cheung Wan Shun	張蘊淳	0:12:25
2	3KM Female Aged 11-12	4009	Chung Cheuk Lam	鍾焯琳	0:13:46
3	3KM Female Aged 11-12	4010	Chan Nok Yin	陳諾妍	0:14:20
4	3KM Female Aged 11-12	4004	Wong Yat Kiu Kay	黃溢翹	0:15:41
5	3KM Female Aged 11-12	4002	Chen Man Ki		0:16:57
6	3KM Female Aged 11-12	4005	Chan Kiu Hei	陳翹希	0:18:08
7	3KM Female Aged 11-12	4006	Leung Ivana		0:18:47
8	3KM Female Aged 11-12	4003	Pang Ching	彭靜	0:19:32
9	3KM Female Aged 11-12	4007	Lee Yan Yiu	李殷瑤	0:21:31
10	3KM Female Aged 11-12	4008	Poon Hui Ching		0:21:34
1	3KM Female Aged 13-14	4013	Ip Heung Ching	葉向晴	0:12:35
2	3KM Female Aged 13-14	4089	Chan Tsz Yin	陳梓賢	0:12:40
3	3KM Female Aged 13-14	4016	Chan Yi Chun	陳以臻	0:13:09
4	3KM Female Aged 13-14	4014	Leung Lok Yi	梁洛兒	0:13:39
5	3KM Female Aged 13-14	4015	Leung Hiu Tung	梁曉彤	0:15:33
6	3KM Female Aged 13-14	4012	Lo Ka Yau Macaria	羅家攸	0:16:09

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Position	Category	Bib	Name	姓名	Official Time
7	3KM Female Aged 13-14	4018	Szeto Chin Yau	司徒芊柔	0:25:47
8	3KM Female Aged 13-14	4020	Chiu Hei Laam	趙晞嵐	0:31:01
9	3KM Female Aged 13-14	4019	Szeto Chin Wai	司徒芊惠	0:33:34
1	3KM Female Aged 15-29	4031	Dietz Sonja Zita	戴哲雅	0:14:16
2	3KM Female Aged 15-29	4028	Lam Wing Yan		0:16:36
3	3KM Female Aged 15-29	4029	Lam Tsz Huen	林子萱	0:17:13
4	3KM Female Aged 15-29	4025	Yung Long Kwan	容朗筠	0:17:38
5	3KM Female Aged 15-29	4030	Cheng Hei Tung		0:19:07
6	3KM Female Aged 15-29	4021	Chong Erin	莊愛霖	0:19:31
7	3KM Female Aged 15-29	4026	Tan Hau Yi	陳巧怡	0:23:18
8	3KM Female Aged 15-29	4027	Kwok Tsz Wai		0:30:10
9	3KM Female Aged 15-29	4032	Cheung Yuen Ting	張緣婷	0:30:38
1	3KM Female Aged 30-44	4052	Hon Wing Chi	韓詠芝	0:13:24
2	3KM Female Aged 30-44	4035	Lin Yuet Tung Rezan	連悅彤	0:15:41
3	3KM Female Aged 30-44	4050	Wong Chor Yi	黃楚儀	0:17:06
4	3KM Female Aged 30-44	4043	Wong Wan Ha	黃韻霞	0:17:43
5	3KM Female Aged 30-44	4040	Law Pui Sze		0:17:44
6	3KM Female Aged 30-44	4049	Tang Wing Wai	鄧穎慧	0:19:08
7	3KM Female Aged 30-44	4033	Chan Kwan Yee		0:22:10
8	3KM Female Aged 30-44	4044	Shek Man Ching		0:22:19
9	3KM Female Aged 30-44	4054	Mo Samantha		0:23:10
10	3KM Female Aged 30-44	4053	Wong Pui Chi	王珮姿	0:23:44
11	3KM Female Aged 30-44	4037	Feng Di	馮迪	0:24:59
12	3KM Female Aged 30-44	4047	Tang Yee Ting	鄧綺婷	0:25:08
13	3KM Female Aged 30-44	4045	Fan Yan Yan		0:25:32
14	3KM Female Aged 30-44	4046	Wong Pui Kwan		0:25:32

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Position	Category	Bib	Name	姓名	Official Time
15	3KM Female Aged 30-44	4036	Chan To Ching	陳道晶	0:25:59
16	3KM Female Aged 30-44	4090	Lam Wai Ting	林煒珽	0:26:25
17	3KM Female Aged 30-44	4039	Mai Xiaowan		0:27:23
18	3KM Female Aged 30-44	4051	Wong Hei Tung Kay	黃晞瞳	0:28:11
19	3KM Female Aged 30-44	4041	To Hei Nam	杜浠藍	0:30:11
20	3KM Female Aged 30-44	4048	So Chui Yu	蘇翠渝	0:30:38
21	3KM Female Aged 30-44	4042	Lau Ka Yee		0:32:21
1	3KM Female Aged 45 or above	4069	Poon Man Fung	潘文鳳	0:15:41
2	3KM Female Aged 45 or above	4075	Ip Oi Wa Wendy	葉愛華	0:16:05
3	3KM Female Aged 45 or above	4095	Lam Ching Yan	林靜恩	0:18:54
4	3KM Female Aged 45 or above	4071	So Tsui Ha	蘇翠霞	0:18:54
5	3KM Female Aged 45 or above	4078	Chong Ming Mei	莊明媚	0:19:26
6	3KM Female Aged 45 or above	4092	Lau Angel		0:21:24
7	3KM Female Aged 45 or above	4077	Chan Chui Sheung	陳翠嫦	0:21:35
8	3KM Female Aged 45 or above	4057	Eunice Yu		0:21:36
9	3KM Female Aged 45 or above	4076	Fok Yi		0:21:41
10	3KM Female Aged 45 or above	4056	Wong Fong Fong	王芳芳	0:22:52
11	3KM Female Aged 45 or above	4055	Kwok Suet Fan	郭雪芬	0:23:18
12	3KM Female Aged 45 or above	4059	Ho Ka Yan	何嘉欣	0:23:23
13	3KM Female Aged 45 or above	4058	Yung Yin Ching Phoebe	翁燕貞	0:24:31
14	3KM Female Aged 45 or above	4062	Cheung Yuen Man	張婉雯	0:25:05
15	3KM Female Aged 45 or above	4073	Hui Ching Yee	許靜儀	0:25:17
16	3KM Female Aged 45 or above	4079	Ho Mei Oi	何美愛	0:25:51
17	3KM Female Aged 45 or above	4070	Chan Tsz Yan	陳芷茵	0:26:37
18	3KM Female Aged 45 or above	4091	Kwok Ling Wing		0:27:34
19	3KM Female Aged 45 or above	4064	Lee Shuk Kwan	李淑君	0:27:49

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Position	Category	Bib	Name	姓名	Official Time
20	3KM Female Aged 45 or above	4066	Lee Mei Kuen	李美娟	0:27:49
21	3KM Female Aged 45 or above	4061	Chan King Chu	陳琮珠	0:28:22
22	3KM Female Aged 45 or above	4068	Tse Wai Yuk	謝慧鈺	0:29:12
23	3KM Female Aged 45 or above	4065	Tse Pui Yuk	謝佩鈺	0:29:15
24	3KM Female Aged 45 or above	4067	Tse Man Yuk		0:29:16
25	3KM Female Aged 45 or above	4074	Wong Chuen Chung		0:31:02
26	3KM Female Aged 45 or above	4063	Kwan Hau Yi	關巧儀	0:32:23
27	3KM Female Aged 45 or above	4060	Tam Siu Chun	譚少珍	0:32:56
28	3KM Female Aged 45 or above	4072	Leung Bo Sum		0:59:27
1	3KM Male Aged 9-10	3092	Chan Kai Lim Cyril	陳啟廉	0:13:41
2	3KM Male Aged 9-10	3079	Wong Oswell		0:14:46
3	3KM Male Aged 9-10	3090	Tsang Yuk Sing	曾昱聲	0:15:58
4	3KM Male Aged 9-10	3080	Chan Chun Yu	陳俊宇	0:15:59
5	3KM Male Aged 9-10	3085	Wong Daryl Lok Ki	黃灝淇	0:16:04
6	3KM Male Aged 9-10	3086	Wong Samuel	王啟睿	0:16:56
7	3KM Male Aged 9-10	3091	Chan Yu Kwan	陳裕鈞	0:17:27
8	3KM Male Aged 9-10	3078	Wong Ching Yiu	王政堯	0:18:34
9	3KM Male Aged 9-10	3084	Chau Hiu Yin		0:18:51
10	3KM Male Aged 9-10	3088	Yeung Chun Hei	楊晉熙	0:19:50
11	3KM Male Aged 9-10	3081	Wang Yu Yat	王羽一	0:20:26
12	3KM Male Aged 9-10	3083	Man Lok Tin Mike	文洛天	0:21:37
13	3KM Male Aged 9-10	3089	Hau Cho Hei	侯楚熙	0:25:17
14	3KM Male Aged 9-10	3082	Tsang Tsz Kwan		0:27:23
1	3KM Male Aged 11-12	3094	Cheung Pak Yuen	張柏源	0:12:44
2	3KM Male Aged 11-12	3003	Cheng Yui Ching	鄭睿正	0:12:54
3	3KM Male Aged 11-12	3002	To Wan Lap	杜韞立	0:13:15

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Position	Category	Bib	Name	姓名	Official Time
4	3KM Male Aged 11-12	3093	Yam Pak Yu	任柏宇	0:13:17
5	3KM Male Aged 11-12	3095	Tam Ngai Fung	譚毅峰	0:15:15
6	3KM Male Aged 11-12	3001	Ma Tsz Yuen	馬旨緣	0:15:37
7	3KM Male Aged 11-12	3006	Lee Yiu Ki	李曜其	0:16:26
8	3KM Male Aged 11-12	3004	Wong Hiu Long		0:17:02
1	3KM Male Aged 13-14	3013	Chum Tsz Ho	覃子皓	0:11:30
2	3KM Male Aged 13-14	3009	Ma Tsz Yau	馬旨佑	0:12:34
3	3KM Male Aged 13-14	3015	Ng Ching Kiu	吳政橋	0:12:45
4	3KM Male Aged 13-14	3007	Lo Tin Yat Silex		0:12:53
5	3KM Male Aged 13-14	3010	Chow Pak Yan	周栢仁	0:15:55
6	3KM Male Aged 13-14	3011	Wong Tin Cheung	黃天翔	0:30:03
7	3KM Male Aged 13-14	3012	Szeto Chak Hei	司徒澤希	0:30:59
1	3KM Male Aged 15-29	3016	Lam To Wai	林道暉	0:10:22
2	3KM Male Aged 15-29	3024	Nian Nian Hao	念豪	0:10:56
3	3KM Male Aged 15-29	3023	Huang Zicong	黃梓聰	0:11:00
4	3KM Male Aged 15-29	3018	Xu Yuk Kuen	沃權	0:12:23
5	3KM Male Aged 15-29	3019	Man Pak Lam Cass	文柏藍	0:12:29
6	3KM Male Aged 15-29	3017	Ngai Kin Chung	倪健聰	0:12:32
7	3KM Male Aged 15-29	3098	Fung Lai Hin	馮禮軒	0:13:00
8	3KM Male Aged 15-29	3029	Deng Zhitao	鄧智濤	0:13:33
9	3KM Male Aged 15-29	3032	Tang Yan Pak	鄧恩栢	0:13:33
10	3KM Male Aged 15-29	3022	Kwok Sze Shing	郭思城	0:13:40
11	3KM Male Aged 15-29	3025	Kau Chun Kit Yanis	魯進傑	0:14:13
12	3KM Male Aged 15-29	3031	Yin Cosmo	嚴焯樂	0:15:16
13	3KM Male Aged 15-29	3097	Chan Man Tik	陳文狄	0:16:53
14	3KM Male Aged 15-29	3026	Lam Hei Lun	林希綸	0:17:09

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Position	Category	Bib	Name	姓名	Official Time
15	3KM Male Aged 15-29	3028	Fung Cheuk Lap		0:17:12
16	3KM Male Aged 15-29	3020	Chung Cheuk Ki	鍾卓錡	0:17:13
17	3KM Male Aged 15-29	3027	Man Kai Chung		0:19:04
18	3KM Male Aged 15-29	3096	Chiu Tsz Long	趙子朗	0:20:05
1	3KM Male Aged 30-44	3037	Ho Yung Yin	何雍賢	0:10:08
2	3KM Male Aged 30-44	3039	Tang Wing Hang	鄧穎恒	0:10:25
3	3KM Male Aged 30-44	3040	Wong Wai Kin	黃偉健	0:11:20
4	3KM Male Aged 30-44	3043	Wong Kai Cheung	黃啟彰	0:11:55
5	3KM Male Aged 30-44	3046	Cheung Chun Kit	張俊傑	0:12:18
6	3KM Male Aged 30-44	3099	Man Ting Pong	文定邦	0:15:48
7	3KM Male Aged 30-44	3042	Lee Chun Nin	李進年	0:16:31
8	3KM Male Aged 30-44	3036	Wu Chun Kit	胡進傑	0:17:05
9	3KM Male Aged 30-44	3044	Lo Yin Kwan	盧彥均	0:17:49
10	3KM Male Aged 30-44	3035	Pang Ka Ho	彭嘉豪	0:19:32
11	3KM Male Aged 30-44	3041	Tsz Tun Cheung	張子惇	0:23:18
1	3KM Male Aged 45 or above	3050	Chow Ling Fung	周凌峰	0:11:00
2	3KM Male Aged 45 or above	3073	Chung Tak Lun		0:11:02
3	3KM Male Aged 45 or above	3066	Chum Tik Ho	覃迪豪	0:11:42
4	3KM Male Aged 45 or above	3069	Lau Kason	劉家樂	0:11:43
5	3KM Male Aged 45 or above	3054	Leung Tze Kin	梁子健	0:12:46
6	3KM Male Aged 45 or above	3061	Cheng Yue Hang	鄭裕衡	0:12:54
7	3KM Male Aged 45 or above	3052	Lee Wing Lun	李詠麟	0:14:55
8	3KM Male Aged 45 or above	3062	Wong Siu Hon	王兆漢	0:14:59
9	3KM Male Aged 45 or above	3101	Loman Stephen Christopher Peter		0:15:29
10	3KM Male Aged 45 or above	3057	Tsang Kim Wa	曾劍華	0:15:33
11	3KM Male Aged 45 or above	3049	Ho Chuen Kit Franklin	何俊傑	0:16:36

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Position	Category	Bib	Name	姓名	Official Time
12	3KM Male Aged 45 or above	3072	To Chan Wah	杜燦華	0:17:18
13	3KM Male Aged 45 or above	3053	Wong Siu Keung	王少強	0:17:21
14	3KM Male Aged 45 or above	3048	Wong Foo Wai	王富偉	0:18:34
15	3KM Male Aged 45 or above	3060	Leung Edgar		0:18:47
16	3KM Male Aged 45 or above	3077	Chan Wai Leung	陳偉良	0:18:50
17	3KM Male Aged 45 or above	3071	Ho Chi Kwong	何志光	0:18:59
18	3KM Male Aged 45 or above	3076	Cheung Man Wai Patrick	張文偉	0:19:02
19	3KM Male Aged 45 or above	3055	Wong Siu Hung Jacky	王兆雄	0:19:23
20	3KM Male Aged 45 or above	3056	Tan Chi Hung		0:23:24
21	3KM Male Aged 45 or above	3063	Cheung Hoi Tong	張海棠	0:23:31
22	3KM Male Aged 45 or above	3075	Hau Ka Wai	侯家偉	0:25:17
23	3KM Male Aged 45 or above	3068	Fung Hon Cheung		0:25:40
24	3KM Male Aged 45 or above	3058	Fung Kok Hung	馮國雄	0:25:50
25	3KM Male Aged 45 or above	3064	Chan Fu Keung	陳富強	0:29:16
26	3KM Male Aged 45 or above	3070	Ho Cheuk Sum	何灼森	0:29:23
27	3KM Male Aged 45 or above	3065	Ng Fan Yuen	吳訓元	0:30:52
28	3KM Male Aged 45 or above	3100	Seto Chi Hang		0:31:22
29	3KM Male Aged 45 or above	3074	Chan Kwok Hung		0:59:26