

荃灣青公活力跑

日期: 2024 年1月14日

10公里隊際盃

Position	Category	TeamName	Bib	Name	姓名	Team Time	Official Time
1	10KM Male Aged 40-44	青馬樂fun run	1234	Lau Wai Kee Ricky	劉偉其	6:33:34	0:38:51
	10KM Male Aged 45-49		1311	Law Wai Yip			0:40:00
	10KM Male Aged 50-54		1426	Chan Wai Kei	陳煒基		0:42:22
	10KM Male Aged 45-49		1346	Li Hon To Calvin	李侃濤		0:43:26
	10KM Male Aged 40-44		1158	Hung Alan			0:44:50
	10KM Male Aged 55-59		1528	Chu Wing Shing	朱永成		0:45:22
	10KM Male Aged 60 or above		1623	Lee Wai Kwong Hannay			0:45:46
	10KM Male Aged 55-59		1529	Kwok Nipon	郭澤勤		0:46:03
	10KM Female Aged 50 or above		2186	Wong Lai Ling			0:46:53
	10KM Male Aged 55-59		1531	Choi Chi Leung			
2	10KM Male Aged 40-44	長跑網精英隊	1186	Lee Man Kit	李文傑	6:35:57	0:39:01
	10KM Male Aged 55-59		1507	Lai Wai Ming			0:40:02
	10KM Male Aged 60 or above		1578	Mak Wing Sang			0:40:10
	10KM Male Aged 50-54		1406	Poon Chun Sing	潘振聲		0:43:36
	10KM Male Aged 60 or above		1587	Ho Benjamin	何秉章		0:43:46
	10KM Male Aged 45-49		1307	Yu Chi Shing Jacky	余志誠		0:44:59
	10KM Male Aged 45-49		1334	Jiao Yuzhong			0:45:10
	10KM Male Aged 60 or above		1580	Lam Chi Yuen Charles	林致遠		0:48:59
	10KM Male Aged 45-49		1295	Ma Yuen Fai	馬元暉		0:50:14
	10KM Male Aged 60 or above		1581	Yu Jacky			0:50:19
3	10KM Male Aged 50-54	基礎班小隊	1404	Ngai Wai Lun	倪偉倫	8:00:59	0:38:06
	10KM Male Aged 40-44		1192	Szeto Tsz Kin	司徒子健		0:48:57
	10KM Female Aged 40-44		2071	Yung Ka Ling	翁嘉玲		0:49:53
	10KM Male Aged 40-44		1191	Liu Ronnie	廖銘鏗		0:50:07
	10KM Female Aged 35-39		2050	Ho Po Ying	何寶滢		0:54:45
	10KM Male Aged 40-44		1190	Lam Sze Chai Gilbert			0:57:21
	10KM Female Aged 35-39		2046	Poon Ka Ling			0:58:01
	10KM Female Aged 35-39		2047	To Wai Shan			0:59:45
	10KM Female Aged 40-44		2074	Wong Kelly	王佳妮		1:04:04
	10KM Male Aged 45-49		1299	Cheng Wai Leung	鄭偉良		

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4	10KM Male Aged 40-44	We are Lenovo Team 1	1213	Ma Siu Hang Dickson	馬兆鏗	8:16:17	0:38:08
	10KM Male Aged 45-49		1321	Ma Kah Bong	馬家邦		0:46:25
	10KM Male Aged 20-24		1016	Kwong Chi Hin	鄺志軒		0:48:52
	10KM Male Aged 30-34		1070	Sy Ki San	施祈桑		0:54:41
	10KM Male Aged 40-44		1208	Srivastava Martand			0:56:46
	10KM Male Aged 40-44		1212	Yeung Heung Sang	楊向新		0:57:15
	10KM Male Aged 35-39		1114	Chan Ngai Long Aaron	陳毅朗		1:00:45
	10KM Female Aged 45-49		2121	Ho Sze Man	賀思敏		1:02:58
	10KM Male Aged 55-59		1514	Tam Chin Hung Rick			1:10:27
	10KM Male Aged 50-54		1431	Wong Kin Hang Ken			
	5		10KM Male Aged 40-44	瘋人隊	1226		Lee Herbert
10KM Male Aged 60 or above		1614	Law Gee Kit			0:48:46	
10KM Male Aged 50-54		1439	Wong Kai Mo			0:49:26	
10KM Female Aged 40-44		2082	Wai Man Kwan			0:49:55	
10KM Male Aged 55-59		1526	Tang Hon Wing		鄧漢永	0:54:44	
10KM Male Aged 60 or above		1616	Mak Moon Kuen		麥滿權	0:59:59	
10KM Female Aged 50 or above		2202	Wong Mei Fung Kam		王美鳳	1:01:34	
10KM Female Aged 50 or above		2207	Lam Sally			1:05:26	
10KM Male Aged 60 or above		1622	Cheung Bun Chi		張賓治	1:09:51	
10KM Female Aged 50 or above		2203	Chin Ivy			1:13:58	
6	10KM Male Aged 30-34	SAC	1065	Loong Tsun Hong Winston		8:31:04	0:38:30
	10KM Male Aged 25-29		1034	Ho Shing Yan	何承恩		0:48:04
	10KM Male Aged 40-44		1175	Sun Dennis	孫智朗		0:51:13
	10KM Female Aged 45-49		2130	Sit Man Yee	薛敏儀		0:54:14
	10KM Male Aged 30-34		1056	Chan Wing Fung			0:55:04
	10KM Female Aged 35-39		2041	Chan Yat Man			1:00:00
	10KM Male Aged 50-54		1388	Fung Chun Hung	馮鎮雄		1:01:47
	10KM Male Aged 50-54		1387	Luk Ivan	陸藝允		1:07:31
	10KM Male Aged 40-44		1196	Tsang Hing Shing	曾慶成		1:14:39
	10KM Female Aged 50 or above		2151	Wong Suk Kuen	王淑娟		1:16:47

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7	10KM Female Aged 50 or above	長跑網新丁隊	2170	Po Ka Yin	布嘉燕	8:42:19	0:51:22
	10KM Male Aged 60 or above		1590	Kwok Kam Wing	郭錦榮		0:54:21
	10KM Male Aged 60 or above		1583	Chui Wai Leung	徐偉良		0:54:25
	10KM Male Aged 60 or above		1592	Au Siu Fai	區少輝		0:54:44
	10KM Female Aged 50 or above		2168	Cheung Chi Ting	張慈婷		0:55:30
	10KM Male Aged 55-59		1506	Mak Kwok Kan	麥國根		0:55:40
	10KM Male Aged 60 or above		1582	Pau Philip	鮑健輝		0:59:51
	10KM Male Aged 55-59		1498	Lee Sai Kit	李世傑		1:05:59
	10KM Male Aged 60 or above		1600	Cheung Wah Fu	張華富		1:10:27
	10KM Female Aged 50 or above		2173	Chan Wing Chee	陳詠慈		1:15:29
8	10KM Male Aged 35-39	LP SWAG	1147	Cheung Kwan Ue	張坤榆	8:47:34	0:45:52
	10KM Male Aged 45-49		1359	Chong Ho Lun	莊		0:47:06
	10KM Male Aged 20-24		1019	Wong Kwun Ki			0:53:10
	10KM Female Aged 45-49		2134	Kennis Chan			0:58:38
	10KM Female Aged 25-29		2017	Chi Shuk Lam			1:00:53
	10KM Female Aged 30-34		2036	Wong Ying Ying	黃瑩瑩		1:01:03
	10KM Female Aged 35-39		2060	Fock Man Wai	霍文蕙		1:01:04
	10KM Male Aged 20-24		1020	Ng Chun Hang	吳俊亨		1:05:17
	10KM Female Aged 20-24		2007	Lo Chui Ting	盧翠婷		1:14:31
	10KM Male Aged 30-34		1085	Siu Chung Ping	蕭仲平		1:16:49
9	10KM Male Aged 25-29	We are Lenovo Team 2	1037	Lai Weng Yeung Henry	黎永揚	9:32:17	0:53:07
	10KM Male Aged 25-29		1038	Chan Tsz Fung			0:59:35
	10KM Male Aged 35-39		1129	Li Hin Fung			0:59:45
	10KM Male Aged 40-44		1209	Cheung Wai Pong Bon			1:01:31
	10KM Male Aged 40-44		1211	Lo James	羅成卓		1:04:36
	10KM Female Aged 25-29		2010	Chung Angela Wah			1:05:03
	10KM Male Aged 25-29		1039	Ng San Hung	伍新雄		1:06:59
	10KM Female Aged 25-29		2014	Chen Xinyi			1:10:19
	10KM Female Aged 25-29		2015	Ye Yingshi	叶穎詩		1:11:21
	10KM Male Aged 40-44		1210	Cheng Wing Ho			