荃灣青公活力跑 日期:2024年1月14日

10公里隊際盃

10公里隊院 Position	Category	TeamName	Bib	Name	姓名	Team Time	Official Time
1	10KM Male Aged 40-44	青馬樂fun run	1234	Lau Wai Kee Ricky	劉偉其	6:33:34	0:38:51
	10KM Male Aged 45-49		1311	Law Wai Yip			0:40:00
	10KM Male Aged 50-54		1426	Chan Wai Kei	陳煒基		0:42:22
	10KM Male Aged 45-49		1346	Li Hon To Calvin	李侃濤		0:43:26
	10KM Male Aged 40-44		1158	Hung Alan			0:44:50
	10KM Male Aged 55-59		1528	Chu Wing Shing	朱永成		0:45:22
	10KM Male Aged 60 or above		1623	Lee Wai Kwong Hannay			0:45:46
	10KM Male Aged 55-59		1529	Kwok Nipon	郭澤勤		0:46:03
	10KM Female Aged 50 or above		2186	Wong Lai Ling			0:46:53
	10KM Male Aged 55-59		1531	Choi Chi Leung			
2	10KM Male Aged 40-44	長跑網精英隊	1186	Lee Man Kit	李文傑	6:35:57	0:39:01
	10KM Male Aged 55-59		1507	Lai Wai Ming			0:40:02
	10KM Male Aged 60 or above		1578	Mak Wing Sang			0:40:10
	10KM Male Aged 50-54		1406	Poon Chun Sing	潘振聲		0:43:36
	10KM Male Aged 60 or above		1587	Ho Benjamin	何秉章		0:43:46
	10KM Male Aged 45-49		1307	Yu Chi Shing Jacky	余志誠		0:44:59
	10KM Male Aged 45-49		1334	Jiao Yuzhong			0:45:10
	10KM Male Aged 60 or above		1580	Lam Chi Yuen Charles	林致遠		0:48:59
	10KM Male Aged 45-49		1295	Ma Yuen Fai	馬元暉		0:50:14
	10KM Male Aged 60 or above		1581	Yu Jacky			0:50:19
3	10KM Male Aged 50-54	基礎班小隊	1404	Ngai Wai Lun	倪偉倫		0:38:06
	10KM Male Aged 40-44		1192	Szeto Tsz Kin	司徒子健		0:48:57
	10KM Female Aged 40-44		2071	Yung Ka Ling	翁嘉玲		0:49:53
	10KM Male Aged 40-44		1191	Liu Ronnie	廖銘鏗		0:50:07
	10KM Female Aged 35-39		2050	Ho Po Ying	何寶瀅		0:54:45
	10KM Male Aged 40-44		1190	Lam Sze Chai Gilbert			0:57:21
	10KM Female Aged 35-39		2046	Poon Ka Ling			0:58:01
	10KM Female Aged 35-39		2047	To Wai Shan			0:59:45
	10KM Female Aged 40-44		2074	Wong Kelly	王佳妮		1:04:04
	10KM Male Aged 45-49		1299	Cheng Wai Leung	鄭偉良		